

A Girl's Guide to the JBP and BP Awards



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Have courage in seeing problems as opportunities.

Lady Baden Powell



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1. INTRODUCTION

This booklet provides guidelines and tips to assist you in successfully completing the Junior BP and BP Awards in Victoria. You should read it in conjunction with the syllabus in the Girl Guides Australia publication *Aim High*.

Both the Junior BP and BP Awards are about challenges. Both Awards provide you with an opportunity to set a goal and achieve it. It is about challenging yourself to do your best, according to your abilities, knowledge and experiences. Completing a challenge enables you to develop personally.

2. DEFINITIONS

2.1 Challenge

A challenge is something that has value to you. It should be something that you cannot currently do, but something that with some effort you will be able to achieve. It might include one or more of the following:

- Discover a new area.
- Extend your knowledge and/or skills.
- Help you work on something that needs improvement.
- Bring you into contact with a new group of friends or
- Will make you feel great to complete.

2.2 Leader

The Leader referred to in this booklet is the Guide Leader who is responsible for the Peer Unit where you are a member.

2.3 Peer Unit

A Unit with a minimum of four Guides whose ages are within a four-year span of your age.

2.4 State Program Manager

A State appointed Guide Leader who is responsible for Guides working towards the Junior BP and BP Awards.

You or your Leader can direct any questions about these Awards to her.
(See the end of this booklet for contact details).

3. SPECIAL NOTES

- You can only work on one Award at a time.
- You can complete any or all of the Awards, however they must be in sequential order ie Junior BP, BP and Queen's Guide Award. (You cannot for instance complete the Queen's Guide Award and then go back and complete the Junior BP and/or BP Awards).
- Refer to the Girl Guides Victoria website (www.guidesvic.org.au) for the latest updates on this booklet and any other tips for completing these Awards.

3.1 Minimum Ages

- The minimum age for the commencement of these Awards is as follows:

Junior BP Award	7 th birthday
BP Award	10 th birthday
Queen's Guide Award	14 th birthday

- All Awards MUST be FULLY completed by your 18th Birthday.

4. PLANNING

It is important that you plan how you are going to achieve either Award.

Take some time to think about what you are going to do and how you are going to do it.

Below are some actions which you must do before starting either Award:

- Make or renew the Guide Promise (this should be done within 12 months of starting either Award).
- Be an active member of your Peer Unit and contribute to the running of your Unit.
- Become familiar with the Award syllabus that you are planning to work on.
- Prepare a plan, including a timeline, outlining your challenges.
- Present this plan to your Peer Unit and Leader for discussion and approval.

Remember that an important part of each Award is reporting to your Peer Unit on how your challenges went. Your Peer Unit need to have a discussion to approve all your challenges before you can receive either Award. It is highly recommended that you do this "reporting" as you complete the challenges (instead of "keeping them all until the end") so that if you need to try something again or do something extra you can do this as you go.

5. PREVIOUS ACTIVITIES AND CROSS-CREDITING

Any qualifications, badges or awards achieved in the 12 months before you start work on the Junior BP or BP Awards may be used for the Award as long as these activities have not been used previously for an Award (ie you cannot use challenges that helped you obtain the Junior BP Award for the BP Award). You MUST seek approval from your Peer Unit and Leader to use these activities.

You may use work completed, skills developed, knowledge gained, etc from school or other organisations for your challenges as long as you display or discuss or demonstrate the skills, knowledge or abilities to your Peer Unit.

You may also cross-credit any work that you have done for a Duke of Edinburgh Award as long as you have met all requirements of whichever Award you are working on and have completed this work within the previous 12 months.

6. SELF AND PEER-ASSESSMENT

Both the Junior BP and BP Awards should be self- and peer-assessed. You should discuss your choice of challenges with your Peer Unit and Leader before starting the challenges and gain their approval. Once you have completed each challenge, you should discuss the challenge again with your Peer Unit and Leader.

Some of the questions that you might like to ask yourself or that your Peer Unit and Leader might like to ask you are:

- How did the challenge go?
- Did you achieve everything that you set out to achieve?
- Did you enjoy yourself?
- If others were involved, did they enjoy themselves?
- What would you change if you did it again?
- What was the most difficult part of the challenge?
- What skills or knowledge did you gain from the challenge?

Your Peer Unit may not be able to assess you for every challenge (ie specific skills like lifesaving or first aid) or for things you are doing outside Guiding (ie in a drama production at school). So try to demonstrate your skills and/or knowledge to your Peer Unit in another way – invite them to a performance or open day or demonstration, visit the gallery where your artwork is on display, or get your assessor or someone who is skilled in the area (an expert) to write to your Peer Unit about your achievements.



7. SPECIAL TIPS FOR COMPLETING THE JUNIOR BP AWARD

7.1 Bronze Endeavour Award

When you have completed six challenges from the Junior BP Award, you need to discuss your understanding of the Guide Promise and Law, and how your leadership skills have developed with your Leader. You have then completed the Bronze Endeavour Award.



7.2 Completing the Award

When you have completed all 12 challenges, you need to talk to your Leader again about how your understanding of the Guide Promise and Law has grown and how your leadership skills have developed. You should briefly go through all your challenges again with your Peer Unit and Leader for discussion and approval before receiving the Junior BP Award. (Your challenges and achievements might encourage other Guides to have a go!). When your Peer Unit and Leader are happy that you have done your best they will approve the awarding of the Junior BP Award to you.

7.3 When you have completed the Award

Your Peer Unit can have a special celebration to acknowledge your hard work. You might like to invite the following people to this celebration:

- Family
- Friends
- Guide Leaders (former and current, and any who helped you with your challenges)
- Members of your District
- Assessors
- Members of your Region
- Local parliamentarians, councilors, mayors etc
- Other people who assisted you in completing this Award

Your Leader will need to purchase your badge from the Guide Shop. Your Leader will obtain your Junior BP certificate from your Region Leader.



8. SPECIAL TIPS FOR COMPLETING THE BP AWARD

8.1 Silver Endeavour Award

When you have completed nine challenges from the BP Award, you need to discuss your understanding of the Guide Promise and Law, and how your leadership skills have developed with your Leader. You have then completed the Silver Endeavour Award.



8.2 Completing the Award

When you have completed all 18 challenges, you need to talk to your Leader again about how your understanding of the Guide Promise and Law has grown and how your leadership skills have developed. You should briefly go through all your challenges again with your Peer Unit and Leader for discussion and approval before receiving the BP Award. (Your challenges and achievements might encourage other Guides to have a go!). When your Peer Unit and Leader are happy that you have done your best – they will approve the awarding of the BP Award to you.

8.3 When you have completed the Award

Your Peer Unit can have a special celebration to acknowledge your hard work. You might like to invite the following people to this celebration:

- Family
- Friends
- Guide Leaders (former and current, and any who helped you with your challenges)
- Members of your District
- Assessors
- Members of your Region
- Local parliamentarians, councilors, mayors etc
- Other people who assisted you in completing this Award

Your Leader will need to purchase your badge from the Guide Shop and complete the Registration Form so that you can be invited to the annual State BP Award Presentation, where you will receive your certificate. This is generally scheduled in July each year. An invitation and information is sent to each registered girl inviting them to the Presentation Ceremony and giving all the details of location, time, venue etc.



You MUST be a financial member of Girl Guides Victoria at the time of the presentation to be invited to this special occasion. If you are not a financial member, your certificate will be sent to you immediately after the presentation.

9. STILL HAVE QUESTIONS THAT REQUIRE CLARIFICATION?

If you have any questions about whether you are doing the right thing; challenging yourself enough, “your choice” is appropriate, then talk to your Leader in the first instance. If she is not sure, then please contact the State Program Manager directly or via Guide Centre.

Email: program@guidesvic.org.au

Girl Guides Victoria:

Telephone:

Email:

Website:

Fax:

Address:

Guide Centre

(03) 8606 3500

guides@guidesvic.org.au

www.guidesvic.org.au

(03) 9699 6277

PO Box 827, South Melbourne, Vic, 3205



10. THE JUNIOR BP CERTIFICATE



Congratulations to

of

The achievement of the Junior BP Award indicates that the recipient has done her best and challenged herself by:

- *participating in a range of outdoor and leisure activities*
- *developing leadership skills within her Guide Unit*
- *learning to make decisions, set goals and work as part of a team.*

Date



State Commissioner

GIRL GUIDES AUSTRALIA: Our mission is to enable girls and young women to grow into confident, self-respecting, responsible community members.

11. THE BP CERTIFICATE



Congratulations to

of

The achievement of the BP Award indicates that the recipient has done her best and:

- *challenged herself in a wide range of outdoor and leisure activities*
- *demonstrated leadership abilities within her Guide Unit*
- *developed decision-making, goal-setting and time management skills*

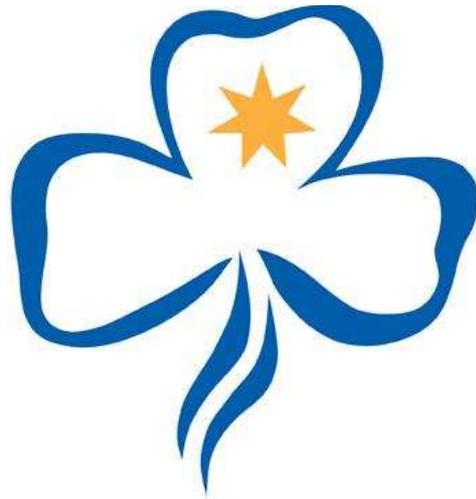


_____ *Date*

**GUIDES
AUSTRALIA**

_____ *State Commissioner*

GUIDES AUSTRALIA: helping girls and young women grow into confident, self-respecting, responsible community members.



GIRL GUIDES
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