

Girl Guides and their Leaders carry out challenges and activities based on the four elements and the seven fundamentals of the Australian Guide Program.

Four Elements

The girl is the central focus of the Program. By providing opportunities for her to develop as an individual (Self), in the areas of Physical development, Practical skills and relationships with other People, she will be empowered to shape her own future and reach her potential.

Physical

Participating actively Focusing on the environment and the outdoors

People

Making friends and developing long-lasting friendships Developing an understanding and respect for others
Practical Learning by doing Learning everyday living skills that can be integrated in all areas of life

Self

Development and appreciation of the individual Gaining personal growth through challenging the girl as an individual

Seven Fundamentals

The seven fundamental areas of Guiding form the basis of our Program upon which the Unit meetings are developed and implemented.

Keeping the Promise and Law is our underlying code of living

Enjoying the Outdoors offers active adventure and awareness of the environment

Giving Service encourages a sense of community

Exploring World Guiding builds peace and understanding

Sharing in Guiding Traditions give a sense of belonging and history

Experiencing Leadership Development builds skills for life

Participating in the Patrol System develops teamwork skills

The AGP Process

The philosophy of the Program is based on the importance of the process used in working towards an outcome, rather than on the activity itself. In planning their Unit meetings together with their Leader, girls will gain confidence in choosing activities to suit their needs. The role of the Leader is to be the facilitator in the process to ensure that the Program reflects the elements and the fundamentals.

