

BRING A FRIEND NIGHT

Face Painting Recipe

Ingredients: 1 tablespoon non-toxic powder paint, 1 teaspoon glycerine, dash of hot water, 2 tablespoons cold water.

Mix the powder paint and glycerine together to form a thick paste with a tiny bit of hot water. Add cold water gradually. When the cold water is added, test on your hand. If it is too thick, add more cold water in small amounts.

Trust me game



This exercise helps develop a trusting relationship between two people. Divide into pairs. Partner A blindfolds Partner B. Partner A safely guides Partner B around the building or suitable area chosen for this exercise. There is to be no talking, except in emergencies or when going up or down stairs. Partner A should give B lots of different objects to feel so she has many different experiences. Change over after about five minutes. The girls should discuss how they felt as both the leader and the led.

Knots game

Form a circle with sides touching and hands held out straight towards the centre of the circle. Girls grasp hands with someone on the opposite side of the circle, making sure they are not holding both hands of the same person. The group then works together to untangle themselves into one or two circles. Hands must be kept joined throughout this activity.



Make it a campfire night - you could teach them how to cook damper on sticks or toast marshmallows over the fire and introduce the guests to the fun of campfire singing. The Guides could all wear their camp blankets and have a camp blanket fashion parade. In addition to the singing some of the girls may like to perform an item of entertainment.

Disco Party

Each Guide could invite a certain number of friends. If you charge a small amount for entry this can be a good mini-fundraiser. Maybe the older Guides in your District would like to organize the music, and the younger girls could choose and hang the decorations. The girls could also choose musical games and fun dances like the Hokey Pokey or the Conga which get everybody involved. A few cool drinks and some sausage rolls or other party food never go astray - maybe delegate a parent to be in charge of this.



Cooking

Most girls love to cook, and eating cake always creates a party atmosphere. Why not organize them into cooking little cakes - some to eat at the meeting and some for the guests to take home to their admiring parents?



Guide for a Day

If you have the opportunity to hold your event over the weekend, why not try the "Guide for a Day" theme? The Guides and their friends take part in a series of activities during a whole day, eg: Patrol activities, craft, campfire, singing, wide games, and the Guides bring contributions for morning and afternoon tea.

Camping theme

Introduce an indoor camping theme. Erect tents indoors (without the pegs), have fun games in patrols in the tents and demonstrate other camping activities like square-lashing.



Whatever you decide to do for your Bring-a-Friend event, make sure that you have information about your Unit for all the Friends to take home afterwards.

Hopefully your Unit will soon have lots of new members and lots of new Triple Treat Badges!

